

# PLASTIC

*Changemakers*

## YOUTH EMPOWERMENT & LEADERSHIP MODULE 4



## MODULE FACILITATOR: Marinette



## MODULE OBJECTIVES

**Learners will be able to:**


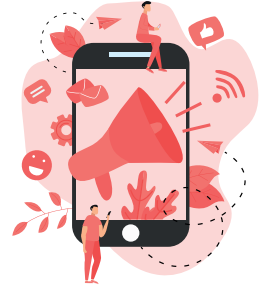


### **Lesson 1:**

- Understand what it means to be a leader and how to demonstrate leadership
- Identify and recognize several exceptional leaders
- Compare examples of students who are showing leadership in the fight against plastic waste

### **Lesson 2:**

- Develop skills to improve public speaking
- Create a presentation or speech aimed at educating and influencing

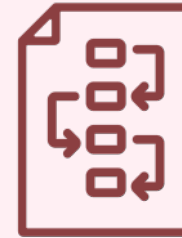
# Vocabulary

Leadership		Influence	
<p>Inspiring or motivating others to achieve a goal with you.</p> <p><i>e.g.: Through leadership, Marinette will help to show her classmates how to do the right thing about plastic.</i></p>		<p>To have an effect on another person's behavior or opinion.</p> <p><i>e.g.: Even young people can influence others to make better choices about plastic use.</i></p>	
Empower		Persuade	
<p>To be willing and able to do something</p> <p><i>e.g.: By learning about the plastic problem, we were empowered to make a difference.</i></p>		<p>To encourage someone to think or act a certain way</p> <p><i>e.g.: My mom would always buy packs of bananas, but I persuaded her to buy them loose so there was no plastic waste.</i></p>	

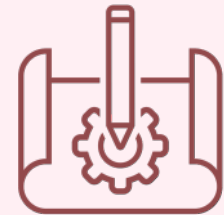
# What did we cover in our last session?



Remember



Plan



Create

ask | understand | imagine | plan | create | improve

# LESSON 1







### Activity:



Find a partner



Person A puts on the blindfold



Person B leads Person A around the room



Then swap roles

### Variations:



Put some obstacles around the room.



Lead using only your voice, not your body.



Try leading 2 or even 3 blindfolded people at once!



**How did it feel to be the leader?**

**How did you feel as were being led?**



# What Worked Well?

**Can we use these ideas to begin to think about what makes a good leader?**

Write class ideas on a large sheet of paper to display in class

Do you think you show any of these qualities?  
How would you rate your current leadership skills?





# What is a Leader?

A **leader** is someone who can see how things can be improved and who brings people together to make changes.



## Time for a Debate

*The most important leadership quality is.....because.....*

*I agree and would like to add...*

*Respectfully, I disagree because...*

**Confident**

**Funny**

**Passion**

**Tolerant**

**Enthusiastic**

**Empowering**

**Courageous**

**Good communicator**

**Kind**

**Motivating**

**Collaborative**

**Calm**

**Inspiring**

**Funny**

**Brave**

**Clear vision**

**Supportive**

**Consistent**

**Challenge: Can you support your answer by including an example of someone you know?**

**Let's look at some famous leaders...**



# NELSON MANDELA



- **Name:** Nelson Mandela
- **Location:** South Africa
- **Title:** Former President of South Africa and civil rights activist
- **What he did:** He was a civil rights hero and an anti-apartheid activist
- **Why he is a leader:** Mandela was an anti-apartheid activist, which means that he fought for those who were disadvantaged by the system of racial segregation.
- **Leadership qualities that describe him:** man of peace, humility, forgiveness, integrity, honesty, visionary

# DR. JANE GOODALL



- **Name:** Dr. Jane Goodall
- **Location:** Tanzania
- **Title:** Primatologist, conservationist, campaigner
- **What she did:** She's a **primatologist** whose groundbreaking **chimpanzee studies** in **Tanzania, East Africa**, changed the way we think about wildlife forever!
- **Why she is a leader:** She was the first person to study chimpanzees in the wild and she found that chimpanzees have emotions, use tools and eat meat
- **Leadership qualities that describe her:** empathic, curious, avid learner, caring, advocate

# MOTHER TERESA



- **Name:** Mother Teresa
- **Location:** Born in North Macedonia, lived mostly in India
- **Title:** Roman Catholic nun
- **What she did:** Founded a mission to help people who were dying from many different diseases. Her organization also ran soup kitchens, orphanages and schools.
- **Why she is a leader:** She had a drive to help people and her mission conducted work in 133 countries. She also won a Nobel Peace Prize.
- **Leadership qualities that describe her:** generous, empathic, cautious, respectful, sincere



# BARACK OBAMA



- **Name:** Barack Obama
- **Location:** United States
- **Title:** Former President of the United States
- **What he did:** He was the first African American to become president. He helped the USA recover from a financial crisis, he brought together diverse support and made healthcare more accessible for all.
- **Why he is a leader:** He can keep calm in a crisis, he listens to the people he serves and he is a great speaker.
- **Leadership qualities that describe him:** visionary, organized, courageous, fearless, influential, determined

# GRETA THUNBERG



- **Name:** Greta Thunberg
- **Location:** Sweden
- **Title:** Environmental activist
- **What she did:** She began to reduce her family's own carbon footprint before starting a weekly protest. Every Friday, she would strike by not attending school and standing outside the Swedish Parliament with a sign saying 'School Strike for Climate'.
- **Why she is a leader:** She challenges those in positions of power to reconsider their choices and take action.
- **Leadership qualities that describe her:** brave, courageous, hopeful, determined, direct, challenging

**Leaders are everywhere, and they don't need to be famous.**

What other leaders come to mind?



# Leaders are everywhere, and they don't need to be famous.

Did you think of any of these?

Principal



Family leader

Sports coach



Religious leader

Module 4: LO: I can consider the qualities of a good leader.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## LEADERSHIP PROFILE



Name:		
Job:		
What they did:		
Qualities:	Picture:	



Think about someone you know who you consider a good leader.



Complete the leadership profile to explain how they show great leadership skills.

# LESSON 2







Time to analyze some speakers...



We are going to watch some inspiring and passionate speakers, talking about their plans to tackle the plastic crisis.

Use your Speech Study sheet to analyze how they speak and pick up tips on how to be a good speaker.












Level 1

Name: \_\_\_\_\_

Date: \_\_\_\_\_



## SPEECH STUDY

 <b>Physicality:</b> How does the speaker present themselves?	
Is the person looking at the audience?	Circle: Yes / No
What emotions does the person show?	  
How is the person standing?	Circle or add: proud shy tall hunched seated
 <b>Voice:</b> How does the speaker alter their voice?	
Is the person talking fast or slow?	Circle: Fast  Slow 
Is the person talking loudly or quietly?	Circle: Loud    Quiet
How is the person emphasizing their point?	Circle or add: Hand gestures change in speed/volume tone/expression
 <b>Persuasion:</b> How does the person persuade you?	
Did you feel persuaded? Why? How?	



Time to analyze some speakers...



## Lesson 2

We are going to watch some inspiring and passionate speakers, talking about their plans to tackle the plastic crisis.

Use your Speech Study sheet to analyze how they speak and pick up tips on how to be a good speaker.

Complete the white questions while you're watching.




Complete the pink questions during the period of reflection after the video has finished.

Name: \_\_\_\_\_

Date: \_\_\_\_\_



### SPEECH STUDY

 <b>Physicality:</b> How does the speaker present themselves?	
Is the person looking at the audience?	Circle Yes / No
What emotions does the person show?	
How is the person standing?	
How is the person showing they are a good speaker?	
 <b>Voice:</b> How does the speaker alter their voice?	
Is the person talking fast or slow?	
Is the person talking loudly or quietly?	
How is the person emphasizing their point?	
How does the person change the way they are talking throughout the speech?	
What leadership qualities is the speaker showing?	
 <b>Persuasion:</b> How does the person persuade you?	
What questions did they ask the audience?	
What persuasive words did they use?	
How did the person persuade you?	

# Let's look at some young environmental leaders



## **Bye Bye Plastic Bag**

Meet Melati and Isabel Wijsen, the two girls who have made Bali plastic free.



Meet Amy and Ella Meek, the British sisters who help young people learn about environmental issues such as plastic pollution.



## **The Ervis Boat**

Meet Haaziq Kazi, the boy from India who wants to remove plastic from the oceans using his invention, Ervis.

Let's discuss what we've found.



What did the speakers have in common?



How did they persuade us to join them in being passionate about the plastic problem?



Remember

People can talk passionately about more than just plastic!  
We must always respect others rights to speak passionately about what they care about.





Time to Practice...



Stand in two long lines, facing each other.

You are facing your debating partner.

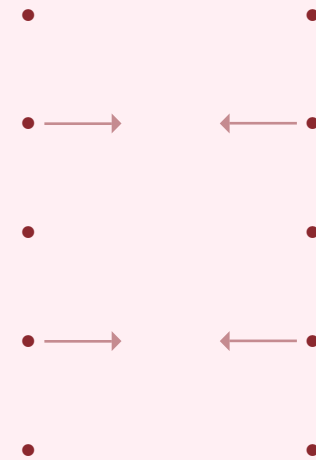
When you argue each point, think about the **language** you use

(formal, precise, well-structured arguments)

and think about the **physicality** of your presentation

(eye contact, pace, volume).

**The teacher decides which line is for the statement and which line is against!**



Let's debate...



Debate



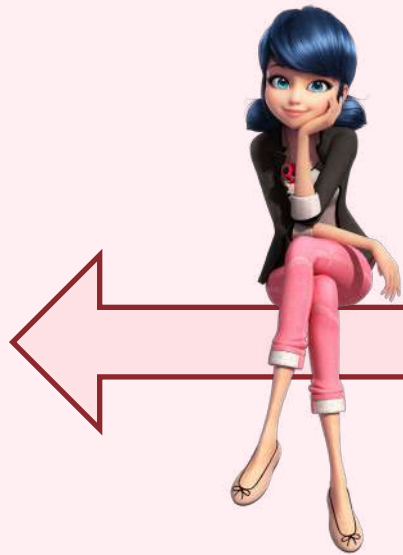
**Cats are better than dogs**



You only have 2 minutes each!  
Can you convince your partner of your point of view?

# What Worked Well?

Was anyone convinced to change their mind?



Move one partner to the left for the next debate...



Debate



**Bicycles are better than cars**



You only have 2 minutes each!  
Can you convince your partner of your point of view?

# What Worked Well?

Was anyone convinced to change their mind?



Move one partner to the left for the next debate...



Debate



**We should keep plastic**



You only have 2 minutes each!  
Can you convince your partner of your point of view?





## Preparation is KEY

Would you play a major football match without training with your team first?



Anyone can be a good speaker.  
It's not just about the presentation.  
You need a well-planned speech too!



**Module 4:** LO: I can recognise vocabulary and structures that are appropriate for formal speech.

Name: \_\_\_\_\_

Date: \_\_\_\_\_



### PRESENTATION TEMPLATE

Write in full sentences, using formal language

<b>Hook - What is the problem?</b> EG: Did you know...	
<b>Why is this a problem? What is the impact?</b> EG: Why is this important? Let me tell you...	
<b>What facts can you use to support your argument?</b> EG: It might surprise you to know that...	
1.  2.	
<b>What are you going to do about it?</b> EG: Here's my plan...	
<b>Call to action - How can your listener help? What should they do?</b> EG: I need you to take action...	

#### Challenge

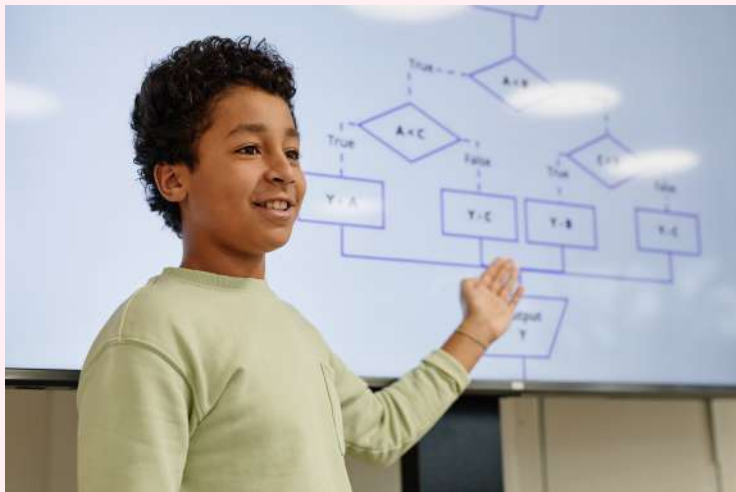
Can you include:    A rhetorical question?    Repetition for effect    Emotive language

Use the presentation template to create your own 30-60 second speech, enlightening people about the plastic crisis and how they can help.

You can refer back to your pledge from Module 1 to help you with ideas for your call to action.

When you've finished, try practicing it out loud and think about how you would use the presentational skills you've learned about today.

# Share your speech with your partner.



Use the Speech Study Reflection sheets to analyze your friend's presentation and give positive feedback.

"I love how you..."

"I really enjoyed the part when..."


**Module 4:** LO: I can gain, maintain and monitor the interest of the listener(s)







Name: (completing the sheet) \_\_\_\_\_

Name: (person speaking) \_\_\_\_\_

Date: \_\_\_\_\_

**SPEECH STUDY REFLECTION SHEET**



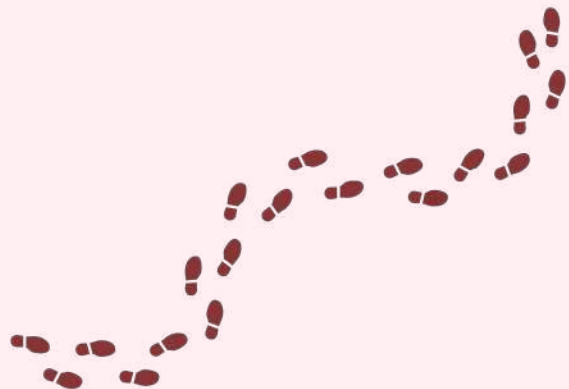
Talk Behavior Did they...	Checklist Tick if yes	Notes:
Speak confidently and slowly? 		
Engage the audience? 		
Show kindness and respect to the audience? 		
Use hand gestures to support talk? 		
Stand still and confidently? 		
Look at the audience? 		
Keep to the topic? 		
Encourage the audience to think? 		
Use facts to back up their point? 		

What feedback would you like to give your peer?

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Plenary



## What's next?



In our next and final module, we'll learn how to be advocates for changes in plastic use and how we can make even more of a difference.

Part of

# PLASTIC

## *Changemakers*

A partnership between:



ZAG

ZAG  
HEROEZ

Mediawan  
KIDS & FAMILY

METHOD  
Mediawan