

PLASTIC

Changemakers

**YOUTH EMPOWERMENT
& LEADERSHIP
MODULE 4**



MODULE FACILITATOR: Marinette



MODULE OBJECTIVES

Learners will be able to:

Lesson 1:

- Understand what it means to be a leader and how to demonstrate leadership
- Identify and recognize several exceptional leaders
- Compare examples of students who are showing leadership in the fight against plastic waste

Lesson 2:

- Develop skills to improve public speaking
- Create a presentation or speech aimed at educating and influencing

Vocabulary

Leadership

Inspiring or motivating others to achieve a goal with you.

e.g.: Through leadership, Marinette will help to show her classmates how to do the right thing about plastic.



Influence

To have an effect on another person's behavior or opinion.

e.g.: Even young people can influence others to make better choices about plastic use.



Empower

To be willing and able to do something

e.g.: By learning about the plastic problem, we were empowered to make a difference.



Persuade

To encourage someone to think or act a certain way

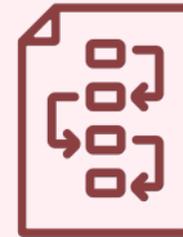
e.g.: My mom would always buy packs of bananas, but I persuaded her to buy them loose so there was no plastic waste.



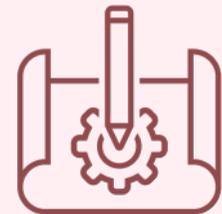
What did we cover in our last session?



Remember



Plan



Create

ask | understand | imagine | plan | create | improve

LESSON 1





Activity:



Find a partner



Person A puts on the blindfold



Person B leads Person A around the room



Then swap roles

Variations:



Put some obstacles around the room.



Lead using only your voice, not your body.



Try leading 2 or even 3 blindfolded people at once!



How did it feel to be the leader?

How did you feel as were being led?

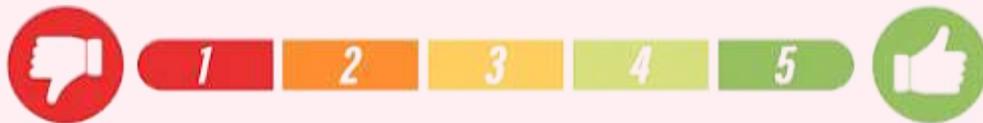


What Worked Well?

Can we use these ideas to begin to think about what makes a good leader?

Write class ideas on a large sheet of paper to display in class

Do you think you show any of these qualities?
How would you rate your current leadership skills?



What is a Leader?

A **leader** is someone who can see how things can be improved and who brings people together to make changes.



Time for a Debate

The most important leadership quality is.....because.....

I agree and would like to add...

Respectfully, I disagree because...

Confident

Funny

Passion

Tolerant

Enthusiastic

Empowering

Courageous

Good communicator

Kind

Motivating

Collaborative

Calm

Inspiring

Funny

Brave

Clear vision

Supportive

Consistent

Challenge: Can you support your answer by including an example of someone you know?

Let's look at some famous leaders...



NELSON MANDELA



- **Name:** Nelson Mandela
- **Location:** South Africa
- **Title:** Former President of South Africa and civil rights activist
- **What he did:** He was a civil rights hero and an anti-apartheid activist
- **Why he is a leader:** Mandela was an anti-apartheid activist, which means that he fought for those who were disadvantaged by the system of racial segregation.
- **Leadership qualities that describe him:** man of peace, humility, forgiveness, integrity, honesty, visionary

DR. JANE GOODALL



- **Name:** Dr. Jane Goodall
- **Location:** Tanzania
- **Title:** Primatologist, conservationist, campaigner
- **What she did:** She's a **primatologist** whose groundbreaking **chimpanzee studies** in **Tanzania, East Africa**, changed the way we think about wildlife forever!
- **Why she is a leader:** She was the first person to study chimpanzees in the wild and she found that chimpanzees have emotions, use tools and eat meat
- **Leadership qualities that describe her:** empathic, curious, avid learner, caring, advocate

MOTHER TERESA



- **Name:** Mother Teresa
- **Location:** Born in North Macedonia, lived mostly in India
- **Title:** Roman Catholic nun
- **What she did:** Founded a mission to help people who were dying from many different diseases. Her organization also ran soup kitchens, orphanages and schools.
- **Why she is a leader:** She had a drive to help people and her mission conducted work in 133 countries. She also won a Nobel Peace Prize.
- **Leadership qualities that describe her:** generous, empathic, cautious, respectful, sincere

BARACK OBAMA



- **Name:** Barack Obama
- **Location:** United States
- **Title:** Former President of the United States
- **What he did:** He was the first African American to become president. He helped the USA recover from a financial crisis, he brought together diverse support and made healthcare more accessible for all.
- **Why he is a leader:** He can keep calm in a crisis, he listens to the people he serves and he is a great speaker.
- **Leadership qualities that describe him:** visionary, organized, courageous, fearless, influential, determined

GRETA THUNBERG



- **Name:** Greta Thunberg
- **Location:** Sweden
- **Title:** Environmental activist
- **What she did:** She began to reduce her family's own carbon footprint before starting a weekly protest. Every Friday, she would strike by not attending school and standing outside the Swedish Parliament with a sign saying 'School Strike for Climate'.
- **Why she is a leader:** She challenges those in positions of power to reconsider their choices and take action.
- **Leadership qualities that describe her:** brave, courageous, hopeful, determined, direct, challenging

Leaders are everywhere, and they don't need to be famous.

What other leaders come to mind?



Leaders are everywhere, and they don't need to be famous.

Did you think of any of these?

Principal



Family leader

Sports coach



Religious leader

Module 4: LO: I can consider the qualities of a good leader.

Name: _____

Date: _____

LEADERSHIP PROFILE



Name:		
Job:		
What they did:		
Qualities:	Picture:	
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Think about someone you know who you consider a good leader.



Complete the leadership profile to explain how they show great leadership skills.

LESSON 2





Time to analyze some speakers...



We are going to watch some inspiring and passionate speakers, talking about their plans to tackle the plastic crisis.

Use your Speech Study sheet to analyze how they speak and pick up tips on how to be a good speaker.

Name: _____

Date: _____



SPEECH STUDY

 Physicality: How does the speaker present themselves?	
Is the person looking at the audience?	Circle Yes / No
What emotions does the person show?	  
How is the person standing?	Circle or add: proud shy tall hunched soated
 Voice: How does the speaker alter their voice?	
Is the person talking fast or slow?	Circle: Fast  Slow 
Is the person talking loudly or quietly?	Circle: Loud    Quiet
How is the person emphasizing their point?	Circle or add: Hand gestures change in speed/volume tone/expression
 Persuasion: How does the person persuade you?	
Did you feel persuaded? Why? How?	



Time to analyze some speakers...



We are going to watch some inspiring and passionate speakers, talking about their plans to tackle the plastic crisis.

Use your Speech Study sheet to analyze how they speak and pick up tips on how to be a good speaker.

Complete the white questions while you're watching.

Complete the pink questions during the period of reflection after the video has finished.

Name: _____
Date: _____



SPEECH STUDY

 Physicality: How does the speaker present themselves?	
Is the person looking at the audience?	Circle Yes / No
What emotions does the person show?	
How is the person standing?	
How is the person showing they are a good speaker?	
 Voice: How does the speaker alter their voice?	
Is the person talking fast or slow?	
Is the person talking loudly or quietly?	
How is the person emphasizing their point?	
How does the person change the way they are talking throughout the speech?	
What leadership qualities is the speaker showing?	
 Persuasion: How does the person persuade you?	
What questions did they ask the audience?	
What persuasive words did they use?	
How did the person persuade you?	

4

Let's look at some young environmental leaders



Bye Bye Plastic Bag

Meet Melati and Isabel Wijsen, the two girls who have made Bali plastic free.



Meet Amy and Ella Meek, the British sisters who help young people learn about environmental issues such as plastic pollution.



The Ervis Boat

Meet Haaziq Kazi, the boy from India who wants to remove plastic from the oceans using his invention, Ervis.

Let's discuss what we've found.



What did the speakers have in common?



How did they persuade us to join them in being passionate about the plastic problem?



Remember

People can talk passionately about more than just plastic!
We must always respect others rights to speak passionately about what they care about.



Time to Practice...



Stand in two long lines, facing each other.

You are facing your debating partner.

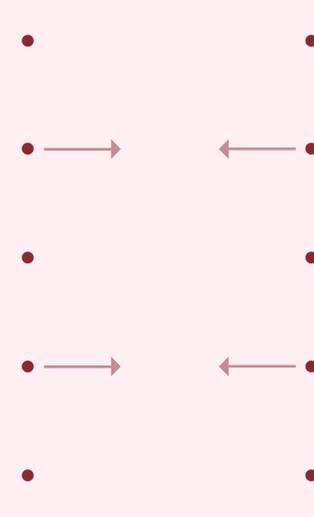
When you argue each point, think about the **language** you use

(formal, precise, well-structured arguments)

and think about the **physicality** of your presentation

(eye contact, pace, volume).

The teacher decides which line is for the statement and which line is against!



Let's debate...



Debate



Cats are better than dogs



You only have 2 minutes each!
Can you convince your partner of your point of view?

What Worked Well?

Was anyone convinced to change their mind?



Move one partner to the left for the next debate...



Debate



Bicycles are better than cars



You only have 2 minutes each!
Can you convince your partner of your point of view?

What Worked Well?

Was anyone convinced to change their mind?



Move one partner to the left for the next debate...



Debate



We should keep plastic



You only have 2 minutes each!
Can you convince your partner of your point of view?



Preparation is KEY

Would you play a major football match without training with your team first?



Anyone can be a good speaker.
It's not just about the presentation.
You need a well-planned speech too!



Module 4: LO: I can recognise vocabulary and structures that are appropriate for formal speech.

Name: _____

Date: _____



PRESENTATION TEMPLATE

Write in full sentences, using formal language

Hook - What is the problem? <i>EG: Did you know...</i>	
Why is this a problem? What is the impact? <i>EG: Why is this important? Let me tell you...</i>	
What facts can you use to support your argument? <i>EG: It might surprise you to know that...</i>	
1. 2.	
What are you going to do about it? <i>EG: Here's my plan...</i>	
Call to action - How can your listener help? What should they do? <i>EG: I need you to take action...</i>	

Challenge

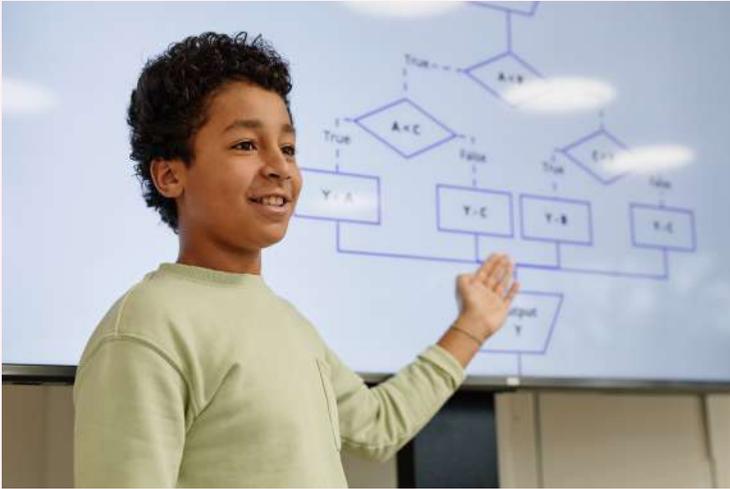
Can you include: A rhetorical question? Repetition for effect Emotive language

Use the presentation template to create your own 30-60 second speech, enlightening people about the plastic crisis and how they can help.

You can refer back to your pledge from Module 1 to help you with ideas for your call to action.

When you've finished, try practicing it out loud and think about how you would use the presentational skills you've learned about today.

Share your speech with your partner.



Use the Speech Study Reflection sheets to analyze your friend's presentation and give positive feedback.

“I love how you...”
 “I really enjoyed the part when...”

Module 4: LO: I can gain, maintain and monitor the interest of the listener(s)

Name: (completing the sheet) _____

Name: (person speaking) _____

Date: _____



SPEECH STUDY REFLECTION SHEET

Talk Behavior Did they...	Checklist Tick if yes	Notes:
Speak confidently and slowly?		
Engage the audience?		
Show kindness and respect to the audience?		
Use hand gestures to support talk?		
Stand still and confidently?		
Look at the audience?		
Keep to the topic?		
Encourage the audience to think?		
Use facts to back up their point?		

What feedback would you like to give your peer?



Plenary



What's next?



In our next and final module, we'll learn how to be advocates for changes in plastic use and how we can make even more of a difference.

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